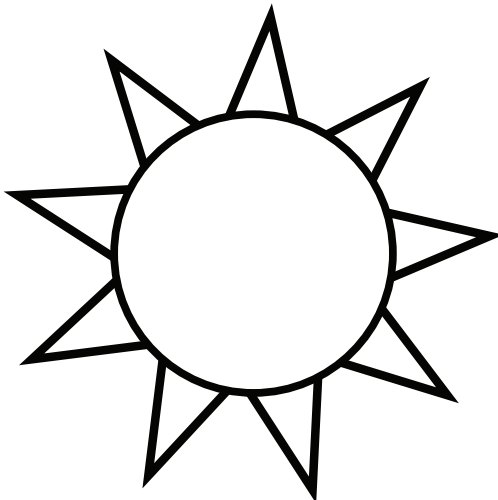
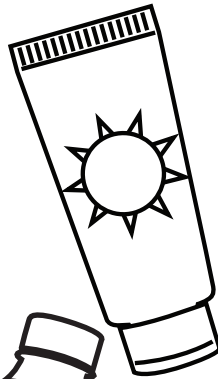
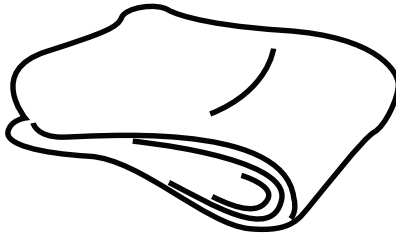


# Staying safe IN EXTREME WEATHER

## HEAT

- Plenty of water to stay hydrated
- Water bowl for pets
- Appropriate clothing for hot weather
- Weather Radio to keep track of weather headed your way
- Cell phone
- Shelter that will provide shade from the heat
- Sunscreen
- Hat
- Sunglasses



## COLD

- Plenty of water to stay hydrated
- Water bowl for pets
- Appropriate clothing for cold weather
- Weather Radio to keep track of weather headed your way
- Cell phone
- Shelter from the cold if you aren't near a building
- Jacket
- Blankets
- Hat

